

# Virtual Workshop: Delirium Prevention and Management in the Elderly

November 29, 2021  
8:30 am – 4:00 pm



## **Keynote Speaker**

**Dr. Brian Misiaszek, BSc, MD, FRCPS (C)**

## **WORKSHOP HIGHLIGHTS**

- ◆ **DIFFERENTIATING BETWEEN DELIRIUM, DEMENTIA AND DEPRESSION**
- ◆ **BEST PRACTICE: DELIRIUM PREVENTION AND MANAGEMENT**
- ◆ **PRACTICAL DELIRIUM PREVENTION STRATEGIES DURING COVID PANDEMIC**

Detailed registration information is available on the Regional Geriatric Program Website



<https://rgpc.ca/events/delirium-workshop/>

This workshop is provided by the Hamilton Health Sciences Hospital Elder Life Program. It is designed to meet the course requirements of the **Geriatric Certificate Program**.

**COST: \$150**



# Delirium Prevention and Management in the Elderly Virtual Workshop

## LEARNING OBJECTIVES

At the conclusion of this learning activity, the participants will be able to:

- Describe the core features of delirium and understand how to employ delirium screening tools.
- Identify a range of delirium prevention best practice guidelines.
- Explain how family and caregivers can help to reduce the risk of delirium for seniors in the community.
- Describe delirium prevention strategies that can be implemented in the daily routine care of their older adult patients.
- Identify several modifiable delirium risk factors and accompanying interventions that support a delirium management plan.

## SCHEDULE

Time	Topic	Speaker
8:00 - 8:30	<i>Participant Login</i>	
8:30 - 8:40	<i>Welcome &amp; Introduction</i>	
8:40 - 9:40	<i>Dementia and Delirium Part 1</i>	Brian Misiaszek, BSc, MD, FRCPS (C)
9:40 - 9:45	<i>Break</i>	
9:45 - 10:45	<i>Dementia and Delirium Part 2</i>	
10:45 - 11:00	<i>Break</i>	
11:00 - 11:45	<i>Delirium Detection</i>	Christopher Gabor, MSc
11:45 - 12:30	<i>Delirium Prevention Best Practice Guidelines</i>	Kelly Turner, BA, Cert ED, QTLS
12:30 - 13:00	<i>Lunch Break</i>	
13:00 - 13:40	<i>How to Support Family and Caregivers in the Community with Delirium Prevention Strategies</i>	Shelley Prentice, MSc. OT Reg. (Ont.)
13:40 - 14:30	<i>Delirium Prevention Principles: A System's Approach</i>	Yasmin Khalili, BScN, MScN, CWS
14:30 - 14:40	<i>Break</i>	
14:40 - 15:40	<i>Delirium Management: A Case Study</i>	Alex Curkovic, RN, BScN, MN, GNC (C)
15:40 - 16:00	<i>Closing Remarks &amp; Evaluations</i>	