# REGIONAL GERIATRIC PROGRAM CENTRAL MONTHLY NEWSLETTER



### **EDUCATION**

- The Geriatric Certificate Program Information Session recording from March, 2021 is now available <u>on our website</u>. Check it out to learn more about the GCP to find out which stream would be best for you!
- Mark your calendars for the 11th Annual Geriatric Training Program virtual course on Sept 23 & 24, 2021. Registration to open on our website on May 19th. Follow us on Twitter (@RGPcentral) for updates.
- Mark your calendars for the 11th Annual Update in Geriatrics virtual education day on Nov 17, 2021. This year's theme is "Evidence-Based Highlights: Managing Risk." Check out the website and follow the event on Twitter (@MacGeriUpdate) for updates.

#### RESEARCH

 The GERAS Frailty Rehab Study is seeking participants to take part (virtually) in this study. McMaster University researchers are trying to understand the best way to help older adults improve health and maintain strength and independence while physical distancing at home during COVID-19. For more information, check out the study <u>flyer</u> or <u>video</u>. To speak to a member of the GERAS Research Team call 905-521-2100 ext. 12232.

## **FUNDING OPPORTUNITIES**

 Applications are now being accepted for the 2021/2022 SGS Grants. Application deadline: June 7, 2021. Check out <u>our website</u> for more information and to apply.

## RESOURCES

- The Canadian Academy of Geriatric Psychiatry (CAGP) has created a dedicated section on their website for resources relating to virtual care grouped into 3 categories: Physician, Patient and Caregiver. Access it <a href="here">here</a>.
- PPE Portraits Canada is a volunteer organization of students looking to distribute free PPE portraits to healthcare workers. Goals of this initiative include: reducing patient isolation and fears, increasing trust, increasing patient awareness of who is caring for them, and improving team dynamics. Learn more <a href="here">here</a>.



