

11TH ANNUAL GERIATRIC TRAINING PROGRAM SEPT. 23 & 24, 2021

**Virtual
with
live Q&A!**



Learning objectives:

At the conclusion of this activity, participants will be able to:

- Understand and discuss the foundations of assessment and management of common geriatric syndromes.
- Understand the unique needs of older adults, including those with complex health problems.
- Apply the principles of geriatric care to their work with older adults.

Who should attend?

Those who are new to geriatrics and those who would like a review of geriatric concepts.

- Physician Assistants
- Medical Residents
- Nurses
- Occupational Therapists
- Physiotherapists
- Social Workers
- Social Service Workers
- Pharmacists
- Recreational Therapists
- Personal Support Workers
- Community Paramedics
- Students

11TH ANNUAL GERIATRIC TRAINING PROGRAM AGENDA

Land Acknowledgement

McMaster University recognizes that it is located on the traditional territories of the Haudenosaunee and Mississauga Nations, and within the lands protected by the “Dish with One Spoon” wampum agreement.

THURSDAY SEPTEMBER 23RD, 2021

8:00 am to 8:30 am	Participant Log-in
8:30 am to 8:35 am	Welcome/Introductions/Instructions
8:35 am to 9:15 am	Specialized Care of the Older Adult Irene Turpie, MB ChB, MSc, FRCP(C), FRCP(Glas)
9:15 am to 9:55 am	Nutrition Heather Keller, RD, PhD, FDC, FCAHS
9:55 am to 10:15 am	Break
10:15 am to 10:55 am	2SLGBTQ+ Cultural and Clinical Competencies Dick Moore
10:55 am to 11:35 am	Identifying and Addressing Mood Disorders in Older Adults Erin Hanley, MB, BCh, BAO, FRCPC
11:35 pm to 12:05pm	LUNCH
12:05 pm to 12:45pm	Caregiver Experience Donna Thomson
12:45 pm to 1:25 pm	How to Avoid Burnout: Tips for Caregivers and Health Care Providers Anna Taneburgo, BSW, Med, RSW
1:25 pm to 1:40 pm	Break
1:40 pm to 1:45 pm	GERAS Dance Demonstration
1:45 pm to 2:25 pm	Urinary Incontinence Melissa Northwood, RN, PhD, GNC(C)
2:25 pm to 3:05 pm	Palliative Care Lesley Hirst, RN MNNP, MSc
3:05 pm to 3:10 pm	Closing Remarks

FRIDAY SEPTEMBER 24TH, 2021

8:00 am to 8:30 am	Participant Log-in
8:30 am to 9:10 am	Dementia Tricia Woo, MD, MSc, FRCP(C)
9:10 am to 9:50 am	Cultural Safety in Caring for Black Older Adults Mireille Norris, BSc, MD, FRCPC, MHSc Dominique Auger, MD, MSc, CMFC
9:50 am to 10:05 am	Break
10:05 am to 10:45 am	What Can You Incorporate Into Your Practice to Promote Safe Mobility? Caitlin McArthur, PhD, MScPT
10:45 am to 11:25 am	Frailty Courtney Kennedy, BSc, MSc, PhD
11:25 am to 11:55 am	LUNCH
11:55 am to 12:35 pm	Polypharmacy and Deprescribing Justin Lee, BScPhm, ACPR, MD, FRCPC
12:35 pm to 1:15 pm	Management of Responsive Behaviours Terri Glover, RN Kristy McKibbin, MA Sudha Vavilla, M.Phil, MSW, RSW
1:15 pm to 1:30 pm	Break
1:30 pm to 1:35 pm	Exercise Break
1:35 pm to 2:15 pm	Elder Abuse Mimi Wang, MD, MMed, FRCPC
2:15 pm to 2:55 pm	Delirium Yasmin Khalili, BScN, MScN, CWS
2:55 pm to 3:00 pm	Closing Remarks & Evaluations

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Registration and fees:

- 1 day: \$150.00
- 2 day (full): \$250.00
- Student (full): \$125.00
- Register online at www.rgpc.ca/events
- Registrants will have access to program recordings after the event.

Accessibility:

If you have an accommodation need, please email us at info@rgpc.ca.

For more information:

Lily Consoli
Administrative Assistant
Regional Geriatric Program Central
905-777-3837 x 12372
info@rgpc.ca

Cancellation Policy:

Cancellations received up to 7 days before the event will receive a full refund.

Geriatric Certificate Program

- Geriatric Training Program is part of the Geriatric Certificate Program (GCP). This program is endorsed by the McMaster University Continuing Health Sciences Education Office.
- geriatricccp.ca



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