

# 11TH ANNUAL GERIATRIC TRAINING PROGRAM SEPT. 23 & 24, 2021

**Virtual  
with  
live Q&A!**



## Learning objectives:

At the conclusion of this activity, participants will be able to:

- Discuss the foundations of assessment and management of common geriatric syndromes.
- Describe the unique needs of older adults, including those with complex health problems.
- Apply the principles of geriatric care to their work with older adults.

## Who should attend?

Those who are new to geriatrics and those who would like a review of geriatric concepts.

- Physician Assistants
- Medical Residents
- Nurses
- Occupational Therapists
- Physiotherapists
- Social Workers
- Social Service Workers
- Pharmacists
- Recreational Therapists
- Personal Support Workers
- Community Paramedics
- Students

# 11<sup>TH</sup> ANNUAL GERIATRIC TRAINING PROGRAM AGENDA

## Land Acknowledgement

McMaster University recognizes that it is located on the traditional territories of the Haudenosaunee and Mississauga Nations, and within the lands protected by the “Dish with One Spoon” wampum agreement.

## THURSDAY SEPTEMBER 23<sup>RD</sup>, 2021

8:00 am to 8:30 am	<b>Participant Log-in</b>
8:30 am to 8:35 am	<b>Welcome/Introductions/Instructions</b>
8:35 am to 9:15 am	<b>Specialized Care of the Older Adult</b> Irene Turpie, MB ChB, MSc, FRCP(C), FRCP(Glas)
9:15 am to 9:55 am	<b>Nutrition</b> Heather Keller, RD, PhD, FDC, FCAHS
9:55 am to 10:15 am	<b>Break</b>
10:15 am to 10:55 am	<b>2SLGBTQ+ Cultural and Clinical Competencies</b> Dick Moore
10:55 am to 11:35 am	<b>Identifying and Addressing Mood Disorders in Older Adults</b> Erin Hanley, MB, BCh, BAO, FRCPC
11:35 pm to 12:05pm	<b>LUNCH</b>
12:05 pm to 12:45pm	<b>Caregiver Experience</b> Donna Thomson
12:45 pm to 1:25 pm	<b>How to Avoid Burnout: Tips for Caregivers and Health Care Providers</b> Anna Taneburgo, BSW, Med, RSW
1:25 pm to 1:40 pm	<b>Break</b>
1:40 pm to 1:45 pm	<b>GERAS Dance Demonstration</b>
1:45 pm to 2:25 pm	<b>Urinary Incontinence</b> Melissa Northwood, RN, PhD, GNC(C)
2:25 pm to 3:05 pm	<b>Palliative Care</b> Lesley Hirst, RN MNNP, MSc
3:05 pm to 3:10 pm	<b>Closing Remarks</b>

## FRIDAY SEPTEMBER 24<sup>TH</sup>, 2021

8:00 am to 8:30 am	<b>Participant Log-in</b>
8:30 am to 9:10 am	<b>Dementia</b> Tricia Woo, MD, MSc, FRCPC(C)
9:10 am to 9:50 am	<b>Cultural Safety in Caring for Black Older Adults</b> Mireille Norris, BSc, MD, FRCPC, MHSc Dominique Auger, MD, MSc, CMFC
9:50 am to 10:05 am	<b>Break</b>
10:05 am to 10:45 am	<b>What Can You Incorporate Into Your Practice to Promote Safe Mobility?</b> Caitlin McArthur, PhD, MScPT
10:45 am to 11:25 am	<b>Frailty</b> Courtney Kennedy, BSc, MSc, PhD
11:25 am to 11:55 am	<b>LUNCH</b>
11:55 am to 12:35 pm	<b>Polypharmacy and Deprescribing</b> Justin Lee, BScPhm, ACPR, MD, FRCPC
12:35 pm to 1:15 pm	<b>Management of Responsive Behaviours</b> Terri Glover, RN Kristy McKibbon, MA Sudha Vavilla, M.Phil, MSW, RSW
1:15 pm to 1:30 pm	<b>Break</b>
1:30 pm to 1:35 pm	<b>Exercise Break</b>
1:35 pm to 2:15 pm	<b>Elder Abuse</b> Mimi Wang, MD, MMed, FRCPC
2:15 pm to 2:55 pm	<b>Delirium</b> Yasmin Khalili, BScN, MScN, CWS
2:55 pm to 3:00 pm	<b>Closing Remarks &amp; Evaluations</b>

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## Registration and fees:

- 1 day: \$150.00
- 2 day (full): \$250.00
- Student (full): \$125.00
- Register online at [www.rgpc.ca/events](http://www.rgpc.ca/events)
- Registrants will have access to program recordings after the event.

## Accessibility:

If you have an accommodation need, please email us at [info@rgpc.ca](mailto:info@rgpc.ca).

## For more information:

Lily Consoli  
Administrative Assistant  
Regional Geriatric Program Central  
905-777-3837 x 12372  
[info@rgpc.ca](mailto:info@rgpc.ca)

## Cancellation Policy:

Cancellations received up to 7 days before the event will receive a full refund.

## Geriatric Certificate Program

- Geriatric Training Program is part of the Geriatric Certificate Program (GCP). This program is endorsed by the McMaster University Continuing Health Sciences Education Office.
- [geriatricccp.ca](http://geriatricccp.ca)



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 [rgpc.ca](http://rgpc.ca)

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