



# About Us

The Regional Geriatric Program central (RGPC) is one of eleven regional geriatric programs located in Ontario. The RGPC is affiliated with McMaster University and hosted by Hamilton Health Sciences. The RGPC provides programs to three Local Health Integration Networks (LHIN): Hamilton Niagara Haldimand Norfolk Brantford, Waterloo Wellington, and Mississauga Halton.

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## Mission

Promote a system of health care that optimizes the health, independence and quality of life of frail seniors based on evidence-informed practices.

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## Vision

All frail seniors will have optimum health and access to specialized geriatric services.

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## Areas of Focus

Education and capacity building, knowledge exchange and translation, service improvement, collaboration, research and evaluation.

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## RGPC Team



Sharon Marr,  
Chair



Kristy McKibbin,  
Interim Education  
Coordinator



Jane McKinnon  
Wilson,  
Interim Director



Emily Vines,  
Research  
Assistant



Jennifer Siemon,  
Director



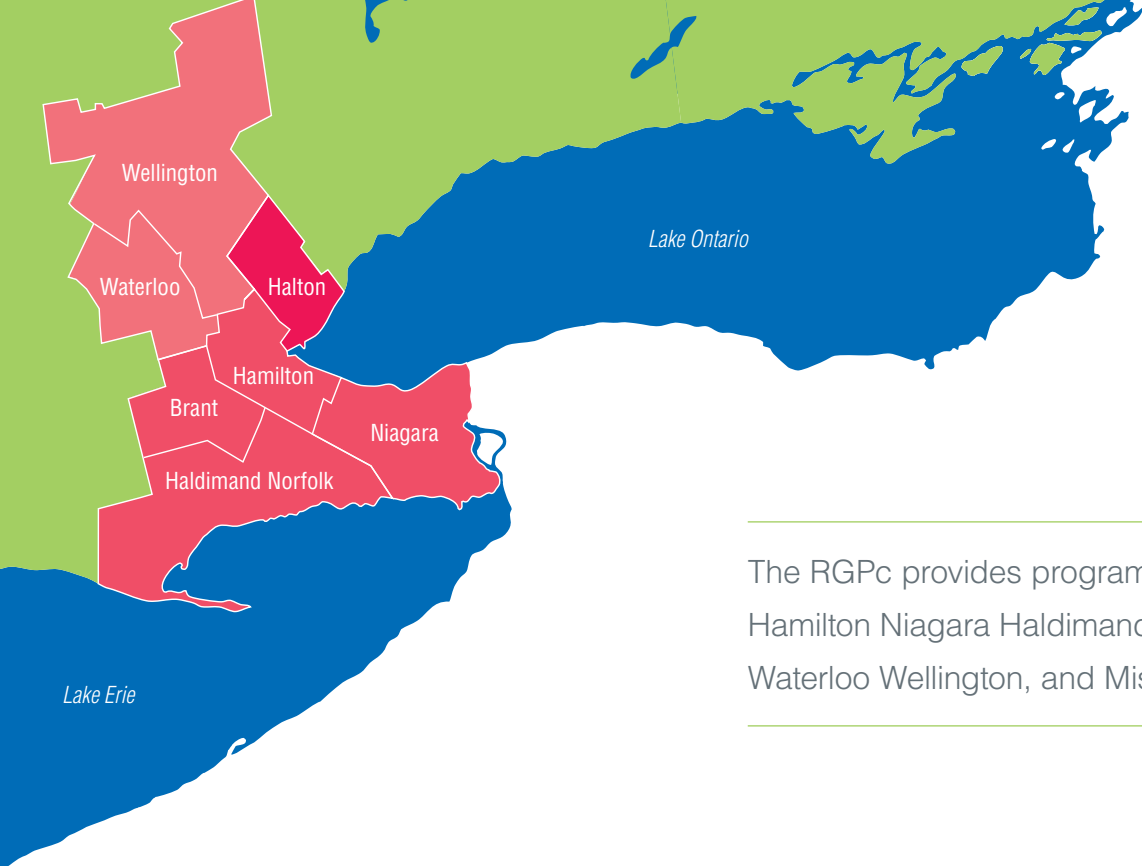
Lily Consoli,  
Administrative  
Assistant

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*Not pictured (Anisha Patel and  
Natasha Bhasin): We would like to  
acknowledge and thank Anisha Patel  
and Natasha Bhasin for their hard  
work and contributions to the RGPC.*

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The RGPc provides programs to three LHINS: Hamilton Niagara Haldimand Norfolk Brantford, Waterloo Wellington, and Mississauga Halton.

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# Message from our Chair



I am pleased to share with you the Regional Geriatric Program Central's Annual Report for 2018-19. This year has been rich with events that have enabled the Regional Geriatric Program Central (RGPC) to continue advancing its work in the areas of clinical

practice, research and education. Last year, several successful programs grew and expanded within the Haldimand, Norfolk, Hamilton, Brant, Halton and Waterloo Wellington regions, including GeriMedRisk, an interdisciplinary telemedicine consultation and education service, and Central Clinical Intake for community-based Behavioural Supports Ontario and Specialized Geriatric Services. The RGPC has continued the positive momentum associated with many educational offerings, such as the Geriatric Certificate Program (GCP), Geriatric Training Program, Update in Geriatrics, Cognitive Assessment Tools Workshops, hosted and supported throughout the year.

I wish to extend my warmest thanks and appreciation to the RGPC staff, Specialized Geriatric Service (SGS) partners, older adults and their care providers for their contributions to the projects highlighted in this report, and to many of our community partners and stakeholders who have supported the initiatives described.

We are pleased to share this report which showcases some of the exciting work underway to support older adults and their care providers by the RGPC team and our regional partners.

Kindest Regards,

A handwritten signature in blue ink that reads "Sharon Marr".

Dr. Sharon Marr  
Chair, Regional Geriatric Program central









# Acknowledgements



Dr. Ron Schlegel

## ○ Lifelong Achievement Award 2018

The 8th Annual Update in Geriatrics had a total of 344 attendees in Hamilton, ON. The conference theme was “Health Promotion in our Aging Population”, and featured keynote presentations from Dr.

Roger Wong, Executive Associate Dean, Education in the Faculty of Medicine from the University of British Columbia, as well as Dr. Barbara Resnick, Professor in the Department of Organizational Systems and Adult Health at the University of Maryland School of Nursing.

The Annual Lifelong Achievement award for 2018 was presented to Dr. Ron Schlegel at the 8th Annual Update in Geriatrics. Dr. Schlegel has been described as a social entrepreneur, philanthropist and community builder. He holds an MSc in exercise physiology from the University of Illinois, PhD in

social psychology/preventative medicine from Ohio State University, and an Honorary Doctorate of Laws from Waterloo. As a faculty member of UW's Applied Health Sciences, he played a primary role with only 3 other academic colleagues in developing the Department of Health Studies & Gerontology (now School of Public Health & Health Systems).



Jane  
McKinnon Wilson

## ○ Thanking our interim Director

The Regional Geriatric Program central acknowledged Jane McKinnon Wilson at the 8th Annual Update in Geriatrics.

Jane was seconded from The Canadian Mental Health Association Waterloo Wellington to support the RGPC as acting Director for a year and a half. The RGPC would like to thank Jane for all of her contributions and support during her time with the program.



Back – Dr. Christopher Patterson, Brad Schlegel, Dr. John Kelton,  
Front – Dr. Sharon Marr, Dr. Ron Schlegel, Dr. Alexandra Papaioannou



Left to right – Dr. Sharon Marr, Jane McKinnon Wilson,  
Kristy McKibbin, Emily Vines, Lily Consoli



### ○ RGPc Council

In the 2018-19 year, the RGPc Council continued to build its membership base to ensure representation from all facets of the health and social care systems, as well as from older adults with lived experiences within our health care system.

Council members have offered to take time during the bimonthly meetings to provide a brief overview of their programs and services to the RGP Council in an effort to increase awareness of their work and seek out opportunities for coordination and collaboration. By learning about the innovative work underway in the region, RGPc Council members will be equipped to identify areas for further collaboration, partnership and alignment.

RGPc looks forward to the 2019-20 year as an opportunity to continue advancing the RGPc Council's vision of an integrated system of support for older adults, their care partners, and providers.

### ○ Special Thanks

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The RGPc would like to give a special thanks to the patients, families, health care providers, volunteers, students, and educators who dedicate countless hours to supporting and improving care for older adults in our region and across the province. The RGPc also thanks Hamilton Health Sciences and St. Peter's Hospital for their continued support as the host organization for RGPc.

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# Education







The GCP had its first international student in 2018 – Dr. Emil Josef Almazan from the Philippines. Dr. Almazan manages an infirmary clinic, has a private practice, and teaches at a local college. Dr. Almazan completed the Regulated Education Stream of the Geriatric Certificate Program, and flew to Toronto, ON to complete both DementiAbility Methods and Validation Communication.

“Through the GCP, I became more confident and competent in recognizing the unique characteristics and needs of the geriatric population and how best to manage their individual health care needs through validated and effective approaches from the leading experts in Geriatrics.

I believe that the geriatric population in the Philippines is underserved and the health care needs unique and specific to the elderly are under-recognized.

The absence of a Geriatrics section in most hospitals, especially in the rural areas, and the very few numbers of physicians trained in geriatrics means that the health care of the elderly is managed the same as the general adult population. This also leads to the under-recognition and thus insufficient management of some conditions and health issues prevalent in the population such as dementia, polypharmacy and falls.

Also, the general cultural belief and acceptance that frailty, memory loss, and impaired cognition in the elderly are normal and expected part of aging means that a lot of patients suffering from these and other conditions are not being seen by the appropriate health care professional and managed accordingly – hence the quality of life in their supposedly golden twilight years are thus compromised and not enjoyed to their fullest.”

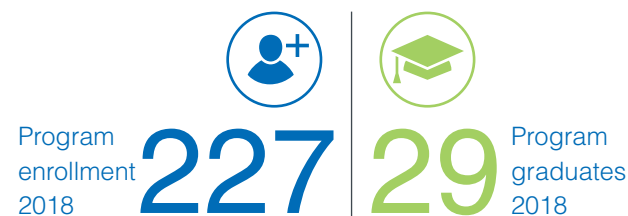
– Emil Josef Almazan

## ○ Geriatric Certificate Program

The Geriatric Certificate Program is an interdisciplinary education program that consists of core educational courses/workshops that are offered through well-known healthcare organizations and clinician educators. There are two education streams available to students in order to meet their unique learning needs based on their previous education and profession. Students registered in the program must complete five required courses, and two elective courses.



This past year, GCP had its highest enrollment numbers. For 2018, the Geriatric Certificate Program had 227 students enroll, and 29 students successfully complete the program.



Register online:

- 🌐 [geriatriccp.ca](http://geriatriccp.ca)
- @ [info@geriatriccp.ca](mailto:info@geriatriccp.ca)
- 🐦 [@geriatriccp](https://twitter.com/geriatriccp)
- 📷 [@geriatric\\_cp](https://www.instagram.com/geriatric_cp)

## ○ Caregiver Education and Training Project (CETP)

The Caregiver Education and Training Project (CETP) is about listening to family and friends who are providing care for seniors living with frailty. Recognizing that caregivers have a lot to tell us about their caregiving experience, RGPs are asking them to share their knowledge and ideas about caring for frail seniors. By hearing caregivers' stories and gathering their advice, the RGPs of Ontario is codesigning educational resources that help caregivers provide care. We start with a toolkit that covers seven topics known to be important in maintaining the wellbeing of seniors living with frailty.



Caregiver  
Focus Group  
January,  
29, 2019



On January 29, 2019, the Regional Geriatric Program Central in collaboration with the Regional Geriatric Program of Ontario hosted a Caregiver Focus Group in

Hamilton, ON at St. Peter's Hospital. A total of 26 Caregivers, and 11 interprofessional facilitators and note-takers attended the focus group.

Number of  
caregivers in  
attendance

**26** | **11**

Interprofessional  
facilitators and  
note-takers

## ○ Frailty eLearning Modules

The Frailty e-modules have continued to provide a positive online learning experience for partners across the province. The 2018-2019 fiscal year has increased numbers of people accessing and completing the e-modules. The data identifies an increase of approximately 250 individuals to reach a total of 747 individuals accessing the frailty e-modules over the past year inclusive of the Geriatric Certificate Program. Recognizing the Frailty e-modules are entering into a seventh season and that the changes in research and "on the ground" clinical practices are continually changing, partners identified some opportunities to prioritize the e-modules that would benefit from a 'refresh.'

During this past year, a partnership of the Regional Geriatric Program Central, Geriatric Certificate Program and the Provincial Geriatric Leadership Office allowed the selection of five Frailty e-modules to be updated to reflect current evidence informed and evidence based best practices. The Regional Geriatric Program Central provided the leadership in collaboration with Waterloo Wellington Geriatric Systems Coordinator in identifying subject matter experts who provided updated content related to current best practices for the following five Frailty e-modules: **Incontinence, Addictions, Medication Review, Cognition, and Frailty**. Dialectic Solutions based in Guelph has been pivotal in supporting the platform and updating the identified e-modules. When the Frailty e-modules are completed through the Geriatric Certificate Program, there is enhanced knowledge transfer inclusive of testing the application of information and course credit towards the program requirements.



## ○ DementiAbility Methods

### **DementiAbility provides Education**



- Integrates models of Knowledge Transfer into the curriculum.
- Focuses on enhancing Quality of Life (for both the person with dementia and those who care).
- Supports Research and enquiry (a number of articles have been written about outcomes and research informs the content of the curriculum and methods).

### **Outcomes of the Education/ Implementation**



- Reduction in: falls, urinary tract infections, behavioural and psychological symptoms of dementia/responsive behaviours (e.g. aggression, wandering, exit seeking, and agitation).
- Enhanced abilities (such as teaching people to dress, toilet and find locations and things independently).
- Purposeful engagement using person-centred approaches (using DementiAbility WOW Model).
- Increased resident, staff and family satisfaction in long term care.
- Staff taking time to know their residents better, thus providing a more person-centred approach to care.

Generally, staff have learned to think differently, with an understanding of how brain and behaviour, prepared environments, a team approach and person-centred care can improve outcomes.



## ○ Geriatric Training Program

The Geriatric Training Program (GTP) is a two-day educational conference hosted by the RGPc that targets health care professionals working with older adults, and is strongly recommended for staff who are new to the field of geriatric care. The 8th Annual Geriatric Training Program was held on September 27-28, 2018 at the Royal Botanical Gardens in Burlington, ON.

In the spring of the following year, the Online Geriatric Training Program (eGTP) is offered to healthcare professionals to engage in the material presented from the in-person conference through a secure online platform. This supports learners who are unable to travel to Burlington, ON, and allows flexibility with their schedules. Learners are given access to the presentations for a two week period. 80 participants attended in person on September 27-28, 2018, and 97 participants completed eGTP March 4-18, 2019.

## ○ Cognitive Assessment Tools Workshop

The Cognitive Assessment Tools Workshop is a half day training opportunity that was developed by Dr. David Cowan, Geriatrician, and supported by the RGPc. This workshop targets front line health care professionals working with older adults who use cognitive assessment tools in their clinical practice. Participants engage in small group learning, while improving their ability to use cognitive assessment tools in a standardized and consistent manner. 22 participants took part June 8, 2018 and 17 participants took part December 7, 2018.

## ○ Care of the Elderly

The 9th annual Care of the Elderly event is a primary care organized event to provide high quality, evidence-based education and knowledge to front-line health care workers working with the elderly patients. This event was co-organized with the local Alzheimer's Society Chapter and featured a patient-advocate speaker, Behavioural Supports Ontario, and physicians involved in providing dementia care in the primary care setting. This event pairs engaging talks with interactive multimedia video clips to guide attendees in a process of self-reflection and understanding of the medical and social perspectives that impact caring for our elderly patients.



# Research





## ○ AGE-ON

AGE-ON was originally developed to support older adults looking to engage with technology, specifically the Apple iPad. AGE-ON is a 6 week education program designed to guide older adults through the various features of the iPad.

In 2018, the RGPC and researchers at McMaster University continued their work together. The research team, led by Dr. Sarah Neil-Sztramko and including Dr. Maureen Dobbins and Dr. Sharon Marr, is conducting a research project to evaluate the AGE-ON program and its impact on seniors. To date, the study has been launched and 25 participants from the program have been recruited. The team is currently developing an educator toolkit for the AGE-ON program to spread its positive results, such as an increase in tablet use frequency and improved comfort and attitudes towards tablet use, to other communities across Ontario.

Older adult participants since 2018 **25** | **17** Student mentor volunteers since 2018



## ○ Geriatric Certificate Program – Behavioural Supports Ontario Collaboration

The Behavioural Supports Ontario (BSO) Hamilton Niagara Haldimand Brant (HNHB) Long Term Care (LTC) program partnered with the Geriatric Certificate Program (GCP) to support health care providers within LTC with access to ongoing education which will also facilitate capacity building among other staff members. During 2018-19, 26 healthcare professionals from Long Term Care participated in the GCP through this partnership. This education offering was well received by the participants who completed the program, with 93% of participants reporting that the education was relevant to their work.

Participants reported the following:

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*"I now have a more pro-active approach to dealing with responsive behaviours than prior to starting this program."*  
– GCP participant

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*"My staff are more aware of how to recognize behaviors earlier and are picking up on the behaviors even when they are more subtle."* – LTC Leadership

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Hamilton Niagara Haldimand Brant Behavioural Supports Ontario  
Soutien en cas de troubles du comportement en Ontario de Hamilton  
Niagara Haldimand Brant

To learn more about BSO in the HNHB region, please visit:

<http://hnhb.behaviouralsupportsontario.ca/>

or contact the Strategy Team:

**Terri Glover**, Strategic Lead

[gloverte@hhsc.ca](mailto:gloverte@hhsc.ca)

**Kristy McKibbon**, BSO Coordinator

[mckibbonkr@hhsc.ca](mailto:mckibbonkr@hhsc.ca)

## ○ GERAS To Go

With support from the Hamilton Community Foundation, Women4Change Fund, Hamilton Council on Aging – in partnership with GERAS is pleased to launch a NEW POSITIVE AGING SERIES for women & men. GERAS – Women4Change is an evidence-informed Workshop Series modeled after the highly regarded **GERAS to Go**. A series of 6 interactive workshops for seniors are led by retired women, with backgrounds in health & education. Workshops are interactive, designed to enhance wellness, community knowledge & empower participants to create positive changes to age well. Topics in the Series include What to Expect as we Age, Nutrition Tips & Advice, Mental Fitness, Social Fitness, Strategies to keep your Independence & Physical Fitness.

*“I volunteered to facilitate the Positive Aging series because I really enjoy helping others live a healthier and happier life. I will continue to facilitate these sessions if invited to do so because I see how well received the information is and feel the benefits myself to be reinforcing my own efforts to be the best possible me physically, emotionally, spiritually and mentally.”*  
– Cheryl Fenn, Peer Facilitator for Positive Aging

Anne Pizzacalla and Barb Carpio, Women4Change Volunteers display information for participants.



## ○ GERAS DANCE

**Exercising  
the mind and  
body together**



GERAS DANcing for Cognition and Exercise, more commonly known as GERAS DANCE, provides high-quality programming for older adults who have early cognitive and mobility limitations. It's a program built on the research that shows that exercising your mind and body together has benefits for physical and cognitive health. GERAS DANCE is offered in partnership with local YMCAs across Southern Ontario, which means it has the added benefit of keeping seniors connected to their communities.

*“We started as 23 complete strangers in a group and we finished 23 great friends with more skills, improved mobility and awesome dance moves”*  
– GERAS DANCE participant

**Growing  
success**



**twelve**

GERAS DANCE is currently offered in 12 YMCA locations across Southern Ontario.

**90%**

Over 90% of GERAS DANCE participants rated the program as excellent.

**100%**

100% of GERAS DANCE participants would recommend to a friend or family member.



### ○ GERAS Fit-Joints

Frail adults are at a higher risk for complications, longer hospital stays and discharge to assisted living following a joint replacement. Being fit for knee and hip replacement ensures successful and fast recovery after surgery. GERAS developed a customized program to set up frail adults for quick recovery after joint replacement and showed that getting fit before surgery significantly reduces this risk and leads to less discomfort and better mobility after surgery.



"I loved the program as soon as I started it before my surgery. But now, it's not just exercise, it's a social outing."  
— Annette Atwood

### ○ RGPc Specialized Geriatric Services Quality Improvement Grant

Since 2014, the Regional Geriatric Program Central has provided Grants to support innovative ideas for quality improvement within Specialized Geriatric Services (SGS). Frontline, clinical, professional, and administrative staff are invited to apply for up to \$10,000 in one time support funding for ideas that aim to improve quality of care or customer service within SGS.

In 2018, Trish Corbett and her team at Joseph Brant Hospital (JBH) were awarded the SGS QI Grant for their project – Promoting Meaningful Activities for Frail Older Patients.

So far, the team has completed the following accomplishments with the grant:

- A Staff survey has been sent out and results have been collected.
- A survey of all 4 medical units asking how frail their patients are according to Clinical Frailty Scale with outcome of 72% of 100 medical patients being frail and the majority of those being moderately frail.
- Power point education created and presented to staff nurses, not all nurses have seen presentation yet.
- Restraint Audit found 0 patients in restraints on the 2 adjoining floors of 100 medical patients.
- Montessori training completed by Dementia support on March 26th.
- Montessori supplies purchased.
- Telephone arrangements made with Karen Robbins from the Alzheimer's society to sign an agreement with the Alzheimer's Society and JBH to download their music programs.
- A Hospital Elder Life Program (HELP) volunteer will go out to download music on memory sticks once agreement in place.

# Services



## ○ Specialized Geriatric Medicine Services, St. Joseph's Healthcare Hamilton (SJHH)

Over the past year, development of specialized geriatric services has been driven and supported by organizational priorities of improved transitions, integrated care, and workplace violence prevention. These services include: Behaviour Care Team; Behaviour Care Working Group, Geriatric Rapid Access Clinic (G-RAC) and Home & Community Care Collaboration.

Following are the outcomes:

### Quality standards for behavioural symptoms of dementia



- 100% patients have an individualized care plan based on comprehensive multidisciplinary assessment (18% in 2017).
- 100% of patients have the care plan developed within 1 week of admission (14% in 2017).

### Improved access to specialized geriatric services through G-RAC



- Twice as many patients seen in G-RAC from beginning to end of the 2018 calendar year.
- No patients waited for more than 6 weeks.

### Diverse and expanded educational opportunities for medical learners



- 3 new learning opportunities (orthogeriatric/rehab rotation, behavior care elective, respiratory rehab clinic) .

## Behaviour Care Team

A team of clinicians from BSO, geriatric medicine and geriatric psychiatry continue to offer specialized care for patients admitted with dementia and responsive behaviours. Standardized team protocols have achieved and maintained high rates of adherence to Health Quality Ontario quality standards for behavioural symptoms of dementia. Promotion and support of a transition checklist has resolved prior problems related to gaps in preparation and communication when patients transfer from the Charlton acute care wards to the behavioural health unit at West 5th campus.

## Behaviour Care Working Group

Established in 2018, the primary goal of this group is to develop and operationalize an exemplary system of care for patients admitted to SJHH with dementia and responsive behaviours. With oversight of the SJHH Corporate Seniors Care Planning and Advisory Committee, this multidisciplinary group meets monthly to identify and understand barriers to high quality care for this patient population, and collaboratively plan and implement change to address these system problems.

## Geriatric Rapid Access Clinic (G-RAC)

In partnership with General Internal Medicine and Emergency Services, the G-RAC clinic provides rapid access to multidisciplinary assessment and case management for complex older patients presenting to St Joseph's Hospital with geriatric syndromes. Over the past year we have expanded access from the IMRAC clinic, to acute GIM inpatient services, to the Emergency Department Admission Avoidance team.

## Home & Community Care Collaboration

A successful pilot of embedding a LHIN care coordinator in specialized geriatrics outpatient clinics at King campus was converted to a permanent position in 2018. This model facilitates timely and accurate communication across healthcare programs, leading to improved patient care.





## ○ Central Clinical Intake

RGPc is the lead for the Central Clinical Intake which is a one point of access to community-based Behavioural Supports Ontario and Specialized Geriatric Services. Referrals to these services will be directed to the Central Clinical Intake Team, who will receive the referrals, connect the patient to the most appropriate service(s), complete a synthesis of clinical information, identify risks, prepare a detailed report, and share the clinical intake assessment with the service provider. The Central Clinical Intake team will be collecting data throughout this process to inform wait time measurements and identify process improvements.

Numerous steps were taken in 2018-19 toward the development of a Central Clinical Intake including:

- Hiring three full-time clinical team members. In these early stages of development, the Clinical Intake Coordinators and Team Lead have demonstrated great flexibility by completing a number of tasks related to referral intake and management, process development, quality improvement, education, and stakeholder engagement. Two positions on the Intake Team are yet to be filled and will further strengthen the staffing complement of the Intake Team.

- Creation of a standardized referral form and accompanying process to ensure that older adults are connected to the right Behavioural Supports Ontario or Specialized Geriatric Services at the right time.
- Development of a communication plan to inform referring health care providers and team members from Behavioural Supports Ontario and Specialized Geriatric Services about Central Clinical Intake.

The RGPc and Central Clinical Intake Team are very grateful to the many partners and stakeholders who have supported this work through their participation on Working and/or Steering Groups, and by providing feedback on the clinical processes. In the 2019-20 year, RGPc will continue to spread this model of Central Clinical Intake across the Hamilton, Niagara, Haldimand-Norfolk, Brant and Burlington regions.

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Central Clinical Intake Team [from left to right]: Jennifer Siemon, Stacey Baird, Franca Kovacs, Jena Tassone, Susan Lamont Thompson. Not pictured: Daniella Cisternino (joined team September 2019).





For information about the Golf-Fore Life program please contact Bethany Pearce at [bethany.pearce@kitchener.ca](mailto:bethany.pearce@kitchener.ca)

### ○ Golf-Fore Life

The City of Kitchener's Golf-Fore Life program was developed with the support of a one year provincial grant. This program was developed as a means to support the inclusion of golfers living with dementia to maintain participation at City of Kitchener Golf courses.

This program is designed to build on the existing strengths of each golfer so that they can continue to participate in a sport that they love, or in some cases, even get to return to a sport they had left. The Golf-Fore Life program adopts dementia-friendly values, as all customer facing staff on the golf course receive dementia-friendly customer service training to support a positive experience for golfers from the time they arrive at the course to the time they leave. Tee times are spread out so that golfers have extra time, if necessary, and do not feel rushed. Further, trained staff in the program act as caddies, providing personalized supports and encouragement both on and off the course. At the end of the summer golf season the golfers expressed a sense of loss that the program was ending. In response to their concerns City staff worked with a local indoor golf simulator company to continue to offer a golf focused program over the fall and winter months. The indoor program proved to be just as engaging as the outdoor program and registration continued to grow. Due to the tremendous demand and success of this program, this summer the City is offering 4 days of programming per week to 8-10 golfers per day. This program has been an excellent avenue to re-engage more sports minded persons living with dementia into community programs.

### ○ GeriMedRisk

GeriMedRisk is a non-profit, interdisciplinary geriatric pharmacology and psychiatry consultation service that supports doctors, nurse practitioners and pharmacists to optimize their older patients' medications, physical and mental health. Launched in the Waterloo-Wellington LHIN in April 2017, GeriMedRisk has supported clinicians from primary, long-term and specialist care across Ontario. Leveraging telemedicine and telephone technology, referring clinicians can access the team of GeriMedRisk pharmacists and physicians with expertise in geriatric medicine, geriatric psychiatry and clinical pharmacology in a timely manner. GeriMedRisk provides consultations and supplementary educational materials and events to further enhance geriatric pharmacology capacity among all referring clinicians.

Supported by the RGPOs, GeriMedRisk is actively involved in quality improvement projects to improve patient safety such as validating received list of medications with the best possible medication history obtained by our pharmacists. Other research projects that are complementary to our clinical service include an RCT evaluating geriatric focused infographics for drugs (CABHI Spark grant \$50,000).

GeriMedRisk has been consulted by clinicians from 11/14 LHINS in our province. Our median time to response to the clinician is less than five days. More than half our consults involve an older adult with cognitive impairments. Our team has presented at 63 events locally, provincially, nationally and internationally and built capacity on pertinent geriatric topics to 4376 attendees in the past year alone. GeriMedRisk continues to be an active clinical teaching service and hosted 16 postgraduate medical trainees in geriatric medicine, geriatric psychiatry and clinical pharmacology rotation over the past year and more than 30 trainees since our inception. We also hosted 12 Royal College of Physicians and Surgeons of Canada Accredited Geriatric Clinical Pharmacology rounds with a growing viewership across the province (see map below). The educational events are free from pharmaceutical or cannabis funding. To respond to demand from family physician attendees, work towards obtaining Canadian of Family Physician MainPro accreditation is in progress.



Regional Geriatric Program Central is supported by:



HEALTH SCIENCES

