

November 30th, 2011 | Hamilton Convention Centre

1 Summers Lane, Hamilton, ON

Update in **GERIATRICS** **Drugs and the Elderly:** *Too many or too few?*

OBJECTIVES:

1. To learn practical approaches and principles of appropriate medication use for elderly patients.
2. To appreciate the controversies and clinical dilemmas in prescribing medications to elderly persons with complex health problems.
3. To update participants' evidence-based knowledge of drug treatment in elderly patients with common geriatric health problems.



TARGET AUDIENCE:

Family Physicians, General Internal Medicine Physicians, Nurses, Occupational Therapists, Physiotherapists, Social Workers, Pharmacists, Students, Residents.

TO REGISTER VISIT: www.fhs.mcmaster.ca/conted

FOR MORE INFORMATION...

ANGELA SILLA

Event Coordinator
Continuing Health Sciences Education
McMaster University
Phone: 905-525-9140 ext. 26327
Fax: 905-572-7099
Email: silla@mcmaster.ca



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Program Agenda

Time	Topic	Presenter
07:45 - 08:30	REGISTRATION & CONTINENTAL BREAKFAST	
08:30 - 08:35	Welcome	Sharon Marr , BSc, MD, FRCPC, MEd, Division Director, Division of Geriatric Medicine, Associate Professor, Division of Geriatric Medicine Department of Medicine, McMaster University, Clerkship Coordinator for Internal Medicine, Chair of Regional Geriatric Program central
08:35 - 08:50	Lifelong Achievement Award Presentation to Mr. Ron Joyce , CM, Founder, Ron Joyce Foundation, Co-Founder, Tim Hortons/Chairman Emeritus, Tim Hortons Children's Foundation	Paul O'Byrne , MB, FRCPC, FRSC, Professor & Chair, Department of Medicine, McMaster University, Executive Director, Firestone Institute for Respiratory Health, St. Joseph's Healthcare Hamilton
08:50 - 09:20	Keynote Presentation: Lost in Knowledge Translation	Sharon E. Straus , MD, MSc, FRCPC, Professor, Department of Medicine, University of Toronto, Division Director, Geriatric Medicine, University of Toronto, Director, Knowledge Translation Program, Li Ka Shing Knowledge Institute, St. Michael's Hospital and University of Toronto, Tier 1 Canada Research Chair, Knowledge Translation and Quality of Care
09:20 - 09:40	Plenary 1 – Do's and Don'ts of Drugs and Dementia	Micheline D. Gagnon , MD, BSc, MEd, FRCPC, FACP, Professor of Medicine, McMaster University, Head of Service, Geriatrics, St Joseph's Healthcare Hamilton
09:40 - 10:00	Plenary 2 – Sleep	Brian Misiaszek , MD, FRCPC, Associate Professor, Department of Medicine, McMaster University, Head of Geriatric Services, Hamilton Health Sciences
10:00 - 10:15	MORNING BREAK	
10:15 - 10:35	Plenary 3 – Delirium	Anne Pizzacalla , BScN, MHSc, NP - Adult, Clinical Nurse Specialist, Hospital Elder Life Program, Hamilton Health Sciences
10:35 - 10:55	Plenary 4 – Depression	Karen Saperson , MBChB, FRCPC, Head, Division of Geriatric Psychiatry and Associate Professor, McMaster University, Department of Psychiatry & Behavioural Neurosciences, St Joseph's Healthcare Hamilton
10:55 - 11:15	Plenary 5 – Behaviour and Anti Psychotic Medications	Anne Braun , MD, MSc, FRCPC, FACP, Associate Clinical Professor, Division of Geriatric Medicine, Department of Medicine, McMaster University
11:15 - 11:35	QUESTIONS & ANSWERS Plenary Sessions 1 – 5	
11:35 - 12:50	LUNCH & VISIT EXHIBITORS	
12:50 - 13:20	Keynote Presentation – What can you do to reduce your patient's risk of falls & fractures?	Alexandra Papaioannou , BScN, MSc, MD, FRCPC, FACP, Professor-Division of Geriatric Medicine-Department of Medicine, McMaster University, Chairholder, Eli Lilly Canada Chair in Osteoporosis, Associate Member, Centre for Evaluation of Medicines
13:20 - 13:40	Plenary 6 – Pain Management in Elderly	Nadia Plach , MD, PhD (Neuroscience), CCFP, FCFP, Associate Clinical Professor - Dept of Family Medicine, Division of Palliative Care - McMaster University, Palliative Care Consultant, Joseph Brant Memorial Hospital
13:40 - 14:00	Plenary 7 – Blood Pressure – Right Range... Right Drugs	Mitch Levine , MD, FRCPC, MSc, Professor, Division of Clinical Pharmacology and Therapeutics, Department of Clinical Epidemiology and Biostatistics, Department of Medicine, McMaster University
14:00 - 14:15	AFTERNOON BREAK	
14:15 - 14:35	Plenary 8 – Cardiac Frail Elderly – Lipid Lowering	George Heckman , MD, MSc, FRCPC, Schlegel Research Chair in Geriatric Medicine, Associate Professor, Faculty of Applied Health Sciences, University of Waterloo, Assistant Clinical Professor of Medicine, McMaster University
14:35 - 14:50	Plenary 9 – Drug Adherence: Challenges and Strategies	Lisa Dolovich , BScPhm, PharmD, MSc, Research Director & Associate Professor, Department of Family Medicine and Clinical Epidemiology and Biostatistics and Medicine McMaster University, Scientist & Associate Director, Centre for Evaluation of Medicines, St. Joseph's Healthcare Hamilton, Associate Professor, Faculty of Pharmacy, University of Toronto
14:50 - 15:10	Plenary 10 – Can I stop this drug?	Christopher Patterson , MD, FRCPC, FACP, FRCP (Glasg.), Professor, Division of Geriatric Medicine, Department of Medicine, McMaster University, Hamilton Health Sciences
15:10 - 15:30	QUESTIONS & ANSWERS Plenary Session 6 – 10	
15:30 - 15:40	CLOSING REMARKS	Sharon Marr , BSc, MD, FRCPC, MEd

Planning Committee

Co-Chair - Sharon Marr, BSc, MD, FRCPC, MEd

Division Director, Division of Geriatric Medicine
Associate Professor, Division of Geriatric Medicine
Department of Medicine, McMaster University
Clerkship Coordinator for Internal Medicine
Chair of Regional Geriatric Program central

Co-Chair - Alexandra Papaioannou, BScN, MSc, MD, FRCPC, FACP

Professor-Division of Geriatric Medicine-Department of Medicine, McMaster University, Chairholder, Eli Lilly Canada Chair in Osteoporosis, Associate Member Centre for Evaluation of Medicines

Co-Chair - Christopher Patterson, MD, FRCPC, FACP, FRCP (Glasg.)

Professor, Division of Geriatric Medicine, McMaster University

Cheryl Allaby, MD, CCFP

Assistant Clinical Professor
Division of Geriatric Medicine, Department of Medicine
McMaster University

Lisa Dolovich, BScPhm, PharmD, MSc

Research Director & Associate Professor, Department of Family Medicine and Clinical Epidemiology and Biostatistics and Medicine McMaster University
Scientist & Associate Director, Centre for Evaluation of Medicines, St. Joseph's Healthcare Hamilton, Associate Professor, Faculty of Pharmacy, University of Toronto

David Jewell, M.S.W., MHSc

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Heather McLeod, MD, FRCPC

Assistant Professor, Division of Geriatric Medicine
Department of Medicine, McMaster University

Brian Misiaszek, MD, FRCPC

Associate Professor
Department of Medicine, McMaster University
Chief of Geriatric Services, Hamilton Health Sciences

Anne Pizzacalla, BScN, MHSc, NP - Adult

Clinical Nurse Specialist, Hospital Elder Life Program
Hamilton Health Sciences

Lynn Sage, Hon BA Gerontology

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Program Administrator
Continuing Health Sciences Education
Faculty of Health Sciences, McMaster University

Study Credits

As an organization accredited to sponsor Continuing Medical Education for Physicians, by both the Committee on Accreditation of Canadian Medical Schools & the Accreditation Council for Continuing Medical Education of the United States, Continuing Health Sciences Education, McMaster University designates this educational program as meeting the criteria for:

The College of Family Physicians of Canada Mainpro-M1 This educational program meets the accreditation criteria of The College of Family Physicians of Canada, & has been accredited for **5.5** Mainpro-M1 credits.

The Royal College of Physicians & Surgeons of Canada This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada for a maximum of **5.5** credits per participant.

American Medical Association PRA Category 1

This educational activity is approved for a maximum of **5.5** hours in Category 1 credit towards the AMA Physician's Recognition Award.

Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

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- QEW to Highway 403 West Hamilton
- Take the Main St. East exit & follow directional signs to the facility (1/2 block east of Bay St.)

From Guelph

- Highway 6 South to Highway 403 West Hamilton
- Take the Main St. East exit & follow directional signs to the facility (1/2 block east of Bay St.)

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